

HUSS3215.1 Science, Technology and Contemporary Arts

FINAL ASSIGNMENT

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My Body Is Not Your Data

In today's world, science and technology are everywhere. They decide how we move, how we work, how we stay safe, and even how our bodies are understood. But these systems do not treat everyone the same. Women's bodies are often watched, measured, explained, corrected, and controlled more than men's bodies. This is where my project idea, **My Body Is Not Your Data**, comes from.

The meaning of this title is simple. A woman's body is not just information. It is not only numbers, charts, or statistics. It is a real body with feelings, pain, fear, stress, and emotions. Many systems today turn women into data without asking them. Medical research, safety technologies, surveillance cameras, beauty standards, and social media all collect information about women's bodies. But women are rarely asked how this makes them feel.



This project is a feminist art and technology proposal. It uses art to question science and technology. It does not try to create a new machine or a medical device. Instead, it creates an artistic system that shows how women experience the world through their bodies.

In the past, art and science were connected. People observed nature, bodies, and emotions and turned them into knowledge and creativity. Over time, science became more technical and focused on control and measurement, while art became more emotional and expressive. During this separation, women were pushed out of both fields. Science mostly studied male bodies and treated them as the “normal” body. Women were seen as emotional, unstable, or secondary.

Because of this, women’s pain is often ignored in medicine. Their fear is ignored in public spaces. Their emotional labor is invisible. Feminist artists reacted to this by using their own bodies to show pain, anger, silence, and resistance. This project follows that tradition, but instead of using performance alone, it uses systems and technology as part of the artwork.

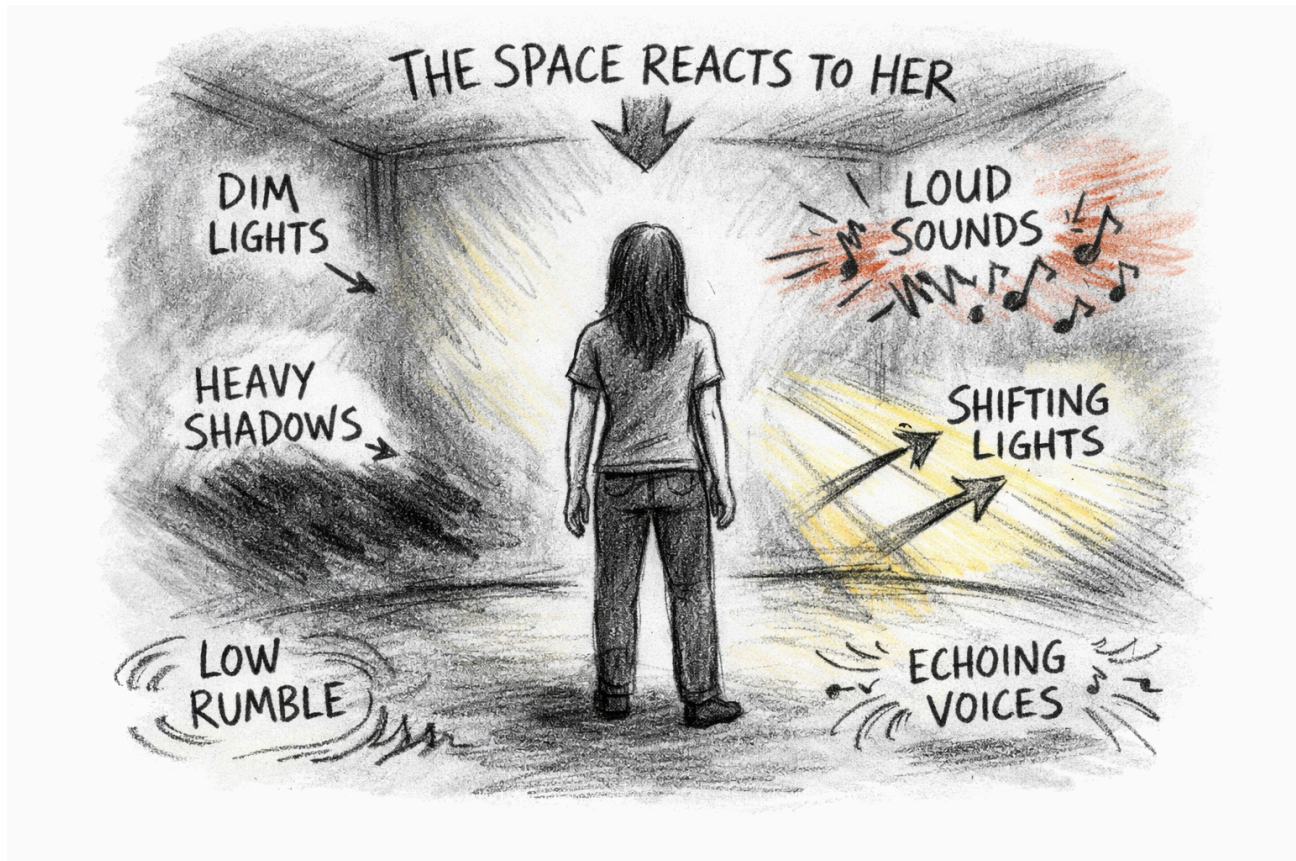
The technology in this project is intentionally simple. It is based on basic ideas like cause and effect. The project imagines collecting symbolic body signals such as heart rate, movement, voice, silence, and time spent waiting or staying alert. These signals are not used for medical diagnosis. They are emotional and symbolic. They represent everyday experiences of women.

The project exists as an installation space. When a woman enters the space, the system reacts to her presence. The space does not give instructions and does not judge her. It listens and responds. If she stands still for a long time, the space becomes heavier. The lights slowly dim and the sounds become slower and deeper. This represents waiting, fear, or holding emotions inside the body. If she moves around the space, the lights shift direction and follow her movement. Soft sounds change with her steps, showing how women are always aware of their surroundings.

When she speaks, even quietly, the space reacts strongly. The sound grows louder and the light becomes sharper. This shows how women’s voices are often treated as disruptive or “too much.” If she stays silent, the space does not become empty. Instead, it fills with low sounds and deep shadows. This shows that silence is not nothing. Silence carries weight, emotion, and experience.

The system never labels her emotions as right or wrong. It does not control her body. It only reacts to her presence. This is important because many technologies today judge women’s bodies. This space does not. Through this reaction, the woman understands that her body has power. She is not being watched or controlled. Her presence shapes the space.

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(The pictures are drawn on iPad by me)

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The social responsibility of this project is feminist awareness. Women are constantly told to be careful, be quiet, and not overreact. At the same time, they are watched and tracked by systems that claim to protect them. This project questions that contradiction. It makes women visible without exposing personal identity. It shows emotions, not data profiles.

The audience of this project includes women, young girls, and people who design technology. The goal is not comfort. The goal is reflection. It asks people to stop and think about how bodies are treated in scientific and technological systems.

This project reconnects art and science by showing that science is not neutral. Every system is created by people, and people have power and bias. Art helps us see these hidden structures. Science gives structure and logic, while art gives meaning and emotion. Together, they allow us to question how knowledge is created.

In conclusion, My Body Is Not Your Data is a feminist conceptual project that connects art, science, and technology. It shows that women's bodies should not be reduced to numbers or control systems. They are lived experiences. The project does not give clear answers. It gives space. It allows women to exist, react, and be heard.

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